



## Bully Stopper of the Month - August 2014

Students at Rangeview are talking about everyone's responsibility to stamp out bullying, including the most common and unnoticed form of bullying, repeated exclusion. Students are stepping up and making sure that, kind and inclusive play is happening in our playgrounds. To help celebrate this, the following August Bully Stoppers will be **awarded at assembly on Monday 1<sup>st</sup> Sept** in recognition of the specific efforts by these students in helping to ensure that others feel happy and safe in our school playground.

<b>TH</b>	<b>Thomas W.</b>	For standing up for another child who had been kicked in the playground. You told the other person to stop and looked after your friend who was hurt.
<b>3D</b>	<b>Emily K.</b>	For really watching out for and noticing when another child is on their own, always offering to include them in your play. You are helping to fill the bucket of others by being a truly inclusive friend.
<b>4B</b>	<b>Nathan M.</b>	For being inclusive to other children who want to join in your ball games. Even when others have said no, you are confident enough to stand up for what is right and say that, actually, yes they can join in.



Guide your children to follow these rules of netiquette:

**Double-check** before you hit "send." Could something you wrote be misinterpreted?

**Keep a secret.** Photos, texts, and videos can be posted, copied, forwarded, downloaded, even Photoshopped in the blink of an eye. If you think something might embarrass someone, get them in trouble, compromise their privacy, or stir up drama of any kind, keep it to yourself -- and maybe delete it for good measure.

**Remember the Golden Rule.** Don't say something online that you wouldn't say to someone's face. If you do have something negative to say, discussing it in person is a better way to resolve your issues.



Last week, families received a blue flyer advertising our upcoming ThinkUKnow session on **Tuesday 2<sup>nd</sup> September, at 6:00-7:30pm**, to be held in our **school hall**. Additional copies can be obtained from the school office or check out page 5 of last week's newsletter. **To register your attendance, please complete and return the slip at the bottom to the school office by Fri Aug 29.**

It is great to see many children and families at Rangeview engaging in conversations around how to model kindness and show respect towards others. Our students can talk about kindness using the Bucket Filling model which visualises that all beings (including animals!) have an invisible bucket where their level of happiness is kept and measured. Children understand that, when you fill somebody else's bucket through simple, kind acts, this leads to filling your own personal bucket.

Thanks Chad in Year 4, for preparing this summary (right).

## 😊 Bucket Filling 😊

Have you filled a bucket today?

Bucket filling means letting people join in your games, being nice to your friends and it also means to invite someone to play if they are alone.

Bucket filling is making someone smile or sitting with someone when they are alone.

By Chad 4A



What do our school values, Bucket Filling and anti-bullying campaigns have to do with being eSmart? People need to have a strong set of positive values which they live by in order to behave responsibly and respectfully online. Knowing what is right in the real world can then be transferred into and applied in the digital world.